

*Kfa Moves*



## Autumn Days Keep Fit Class

Enjoy moving to music?

Keeping your body and brain active?

Having fun?

Come and join us

At

Clay Cross Social Centre

Market Street

Clay Cross

S45 9JE

Fridays 11.30 – 12.30

For more information, please contact

Debbie: 209045 Registered Qualified Keep Fit Association Teacher,

June 864842 or Margaret 864536

[www.keepfit.org.uk](http://www.keepfit.org.uk)

